

Get SHEnergized®

SisterHood for Empowerment

POWER HOUR SERIES

THE ABCs OF A SHEnergized Life!

A FOUNDATION. A JOURNEY. A LIFESTYLE. A LEGACY.

Join us every Monday in June at 7 PM Eastern on ZOOM for an empowering SHE POWER HOUR as we walk through the **ABCs of a SHEnergized Life** - SHEnergy's foundation of personal growth, purpose, and power. Let's build the life and legacy we were created for!

THE ABCs OF A SHEnergized LIFE

A Accept the challenge
B Be your best
C Combine your words into actions
D Dedicate your life to your dreams
E Expect little, if you give little
F Feel good about yourself
G Get Going
H Have a helping hand
I Inspire somebody
J Join the team
K Keep on Keeping on
L Let your light shine everyday
M Make every moment count

N Never say I can't
O Overcome your obstacles
P Put your best foot forward
Q Quit Quitting
R Run this Race with patience
S Stand strong
T Trust in your sister
U Value your time
W Work until your work is done
X X-ray your lifestyle
Y Yearn to achieve your goals and ambitions
Z Zealously be the best SHEnergized woman you can be



ENERGIZING MOTIVATION
Powerful messages to ignite your purpose.



POWERFUL TEACHING
Practical wisdom to help you grow and win.



SISTERHOOD CONNECTION
Build meaningful bonds that lift you higher.



PERSONAL GROWTH
Develop your mindset, confidence & character.



PRACTICAL TOOLS FOR LIFE
Real tools you can use right away.



ACTION STEPS TO WIN
Leave inspired and ready to take action!

EVERY MONDAY IN JUNE



7:00 PM EST

JUNE 1

ACCEPT THE CHALLENGE
Introduce the movement, the sisterhood & the retreat experience.



JUNE 8

BECOMING THE WOMAN YOU WERE CREATED TO BE
Deepen connection. Share stories. Build trust.



JUNE 15

SISTERHOOD, STRENGTH & SUPPORT
The power of community. We rise together.



JUNE 22

PURPOSE, POWER & PERSEVERANCE
Stay focused. Keep pushing. Walk in purpose.



JUNE 29

ZEALOUSLY BECOMING HER
Finish strong. Your seat is waiting!



Come as you are.
Leave **Empowered!**



Register Now for **FREE**

www.SHEnergize.com



WHO SHOULD JOIN?

- Women ready to grow
- Women chasing purpose
- Women seeking more
- Women committed to living empowered and making an impact

JOIN US LIVE VIA



zoom

CALL IN AT:
646-558-8656

MEETING ID:
530 441 1689

PASSCODE:
057058