

SHEnergyzied

SisterHood for Empowerment

LEADERSHIP & WELLNESS RETREAT

JANUARY 13-15, 2027

THE ONE OCEAN RESORT & SPA
Atlantic Beach, Florida

Lead Boldly. Live Fully. Restore Completely.



BEFORE THE SISTERHOOD... COMES ALIGNMENT.

The SHEnergyzied Leadership & Wellness Retreat is a transformational 3-day experience designed for women who are ready to elevate how they lead, live, and show up in every area of their lives.

Clarity is restored.

Strategy meets self.

YOU are poured back into.



WEDNESDAY EVENING

JANUARY 13

Welcome Reception & Connection Experience

- Intentional Networking
- Sisterhood Introductions
- Opening Grounding Experience
- Light Bites + Elevated Atmosphere

Set the tone. Enter the space.



THURSDAY (FULL DAY)

JANUARY 14

Leadership Development Intensive

- Identity & Leadership Alignment
- Communication & Influence
- Navigating Change with Power
- Personal & Professional Growth Strategy
- ✦ Interactive Sessions
- ✦ Guided Reflection
- ✦ Real Conversations That Shift You

This is where leaders are refined.



FRIDAY (DAYTIME)

JANUARY 15

Optimal Wellness for SHE Experience

- Mental & Emotional Wellness
- Physical & Lifestyle Wellness
- Financial & Life Alignment
- Spiritual Grounding
- ✦ Wellness Activations
- ✦ Guest Experts
- ✦ Restorative Moments

Because you cannot lead fully if you are depleted.

WHO THIS IS FOR

- ✓ Women Leaders & Executives
- ✓ Entrepreneurs & Visionaries
- ✓ Community Builders & Changemakers
- ✓ Women Ready for Their Next Level

WHAT'S INCLUDED IN YOUR REGISTRATION

- Two-Night Lodging (Jan 13-15)
- Wednesday Night Welcome Reception
- Retreat Materials
- Thursday & Friday Breakfast
- Leadership Materials
- Thursday Lunch

**Details subject to change.*

LOCATION

The One Ocean Resort & Spa
Atlantic Beach, Florida



INVESTMENT

DOUBLE OCCUPANCY **\$600**
SINGLE OCCUPANCY **\$1,200**

FLEXIBLE PAYMENT PLANS AVAILABLE

YOUR NEXT LEVEL OF LEADERSHIP REQUIRES A NEW LEVEL OF ALIGNMENT.

SPOTS ARE LIMITED FOR THIS INTIMATE EXPERIENCE.

SECURE YOUR SPOT TODAY!

www.SHEnergize.com

